

Running My Life The Autobiography

Johnnie Walker is an inspiration. One of the best-known and most beloved broadcasters in Britain, the charismatic BBC Radio 2 DJ has achieved legendary status with a hugely loyal following thanks to his tireless pioneering of new music, his warm and passionate personality and his soothing voice. Having thrown away the rule book as a teenager, Johnnie has always made decisions from the heart. As a result, he has had a brilliantly colourful life, with more ups and downs than a rollercoaster ride. He made his name in the 1960s when he and Radio Caroline, where his night-time show was essential listening for 86% of radio listeners, continued broadcasting in defiance of Government legislation. In 1976 he walked out of Radio 1 because of his outspoken views and his insistence on playing album tracks. He made front page news when he described the Bay City Rollers as 'musical garbage' and when he was caught snorting cocaine. In his memoir, he reveals all about his time with Radio Caroline, his drug addiction, his fight against cancer and his spiritual awakening. Honest, passionate and humorous, his autobiography will provide inspiring and entertaining listening to his million of fans.

Running My Life - The Autobiography Winning On and Off the Track Hachette UK

This trip through time takes us on a journey from the day to day struggle to survive on a Louisiana farm through his teenage years growing up in prewar New Orleans, a three year tour of duty in the South Pacific during World War II, the postwar search for a new beginning, a forty year career in Radio and Television Broadcasting, and finally, retirement. It is kind of a rags to riches story, running the gamut from abject poverty to traveling the world over, rubbing shoulders with the highest of the high, and the richest of the rich. The Time of My Life is a personal history of one member of The Greatest Generation. That group of Americans who, without coercion and no thought of personal gain except freedom, dropped all tasks at hand, took up arms, fought and won the greatest of all wars, and returned hope and freedom to a chaotic world.

'Lovely... delivers the warmest of glows' - The Telegraph A sparkling celebration of our much-loved Queen Elizabeth II for her Platinum Jubilee including special writings and illuminating insights around key moments in her 70-year reign, introduced and edited by her biggest fan Joanna Lumley. In 2022 Queen Elizabeth II celebrates seventy years as Queen and Head of the Commonwealth. She is Britain's longest reigning monarch and the very first to celebrate a Platinum Jubilee. A Queen For All Seasons, edited and introduced by Joanna Lumley, is a perceptive, touching and engaging tribute to this unique woman. A treasure chest of first-hand writings, insights and snapshots of the Queen during key moments of her reign to form a vibrant portrait of the woman herself and the extraordinary role she plays. Joanna Lumley guides us as we meet Princess Elizabeth in 1952, aged just twenty-five, and about to become Queen, and brings us through to the present day when, as our matriarch, the Queen keeps the national ship steady, including in moments of crisis and suffering. Here are unique perspectives into some of the most fascinating aspects of the Queen's life - her role as head of state at home and abroad, her private passions and public interests and a bird's-eye look at key events that have held the nation together and the Queen in our affection throughout Britain and beyond. This book is a special and unique portrait of our constant Queen in an ever-changing world.

Have you ever wondered why you are here on Earth? Does your life seem to be flashing by too fast, and you feel as if you are just doing the same thing day after day? I have wondered this, and through some remarkable blessings, I learned some answers. Each of us is on a journey. Through the ups and downs of that journey, we all end up with a story to share. It's a tale of where we have been, where we are now, and where we are going. This book recounts the story I have been living for the past forty-five years. For many of those years, alcohol wrote my story for me. I was held captive by its addictive grip. My heart was closed to the greater purpose I was here to live. A tragedy helped open it, when I lost my niece to leukemia. Through all the trials, I came to know God and His meaning for my life as His child. He has a purpose for all of us. Every day is a gift, and there are so many lessons we can learn from. It's as simple as being humble enough to open our hearts.

The official autobiography of the famous ex-Canary and Welsh international, Jeremy Goss.

The Portuguese Creole author Alfred H. Mendes was an important member of the Beacon Group of writers in Trinidad in the 1930s. His autobiography offers a private perspective of the man behind a popular West Indian personality, and includes annotations and an introduction by Michele Levy.

Autobiographical writings have been a major cultural genre from antiquity to the present time. General questions of the literary as, e.g., the relation between literature and reality, truth and fiction, the dependency of author, narrator, and figure, or issues of individual and cultural styles etc., can be studied preeminently in the autobiographical genre. Yet, the tradition of life-writing has, in the course of literary history, developed manifold types and forms. Especially in the globalized age, where the media and other technological / cultural factors contribute to a rapid transformation of lifestyles, autobiographical writing has maintained, even enhanced, its popularity and importance. By conceiving autobiography in a wide sense that includes memoirs, diaries, self-portraits and autofiction as well as media transformations of the genre, this three-volume handbook offers a comprehensive survey of theoretical approaches, systematic aspects, and historical developments in an international and interdisciplinary perspective. While autobiography is usually considered to be a European tradition, special emphasis is placed on the modes of self-representation in non-Western cultures and on inter- and transcultural perspectives of the genre. The individual contributions are closely interconnected by a system of cross-references. The handbook addresses scholars of cultural and literary studies, students as well as non-academic readers.

Asking the reader to consider the legacy of nineteenth-century acculturation policies, White Man's Club incorporates the life stories and voices of Native students and traces the schools' powerful impact into the twenty-first century."--BOOK JACKET.

His Own Man is the story - the first in English - of an unjustly forgotten athlete, who ascended the heights, fell from grace under the Nazis, then achieved redemption coaching street children in

India. Born with the twentieth century, Otto Peltzer overcame a lonely childhood, beset by illness, to gain a doctorate in sociology and multiple world records on the running track. In 1920s Germany he became an international celebrity, rival to Paavo Nurmi, the 'Flying Finn'. He competed in two Olympics, but his outspokenness made him persona non grata to the Nazis. His homosexuality was the pretext for a trial which resulted in his being sent for 're-education' in Mauthausen concentration camp. After the war, having survived four years of brutal treatment and lost his home and family to the Red Army, Peltzer was blocked from competing or coaching by his 'denazified' pre-war enemies. He found salvation in India, where, as national coach, he followed up a surprise victory over an all-conquering German team by training street urchins to Olympic level. Chronically ill as a result of his camp experiences, he died of heart failure in 1970.

As a novelist, biographer, editor, and screenwriter, Nicholas Mosley has always been concerned with the central paradox of writing: if by definition fiction is untrue, and biography never complete, is there a form that will enable a writer to get at the truth of a life? In *Efforts at Truth* Mosley scrutinizes his own life and work, but examines them as a curious observer, fascinated by the constant interaction of reality and the written word. As a life, it has been colorful, in settings ranging from the West Indies to a remote Welsh hill farm, from war action in Italy to battles with Hollywood moguls, from the Colony Room to the House of Lords. In print, the range has been as wide: editor of a controversial religious magazine, author of the acclaimed novel series *Catastrophe Practice*, screenwriter of his own work with Joe Losey and John Frankenheimer, biographer of his notorious father Oswald Mosley, and in 1990, winner of the Whitbread Award for his novel *Hopeful Monsters*.

This revision guide for Key Stage 3 English contains in-depth course coverage and advice on how to get the best results in the Year 9 National Test. It has progress check questions and exam practice questions.

Big, blond and a goal-scoring machine, Kerry Dixon delighted Chelsea and England fans during the 1980s. Yet his fall from grace, from the pinnacle of a playing career that had few equals, has been, by his own admission, spectacular. Kerry's life in recent years has been bedevilled with problems with gambling, drugs and, worst of all, a prison sentence in 2015 after he was convicted of grievous bodily harm following a fight in a pub. At that point, one of football's golden boys finally hit rock bottom. This book is the honest, unflinching account of his rise and fall, and of the new life he is now slowly and patiently building. His memories of playing in a more robust era of the game, before the days of multi-million-pound salaries and all the rest of the modern football circus, will appeal to plenty of nostalgic football fans, as well as to all those who remember him as one of the game's all-time greats. Equally, his unflinching recollections of his darkest days, culminating in his time in prison, are about as far from the Beautiful Game as anyone can imagine, and as fascinating as they are sometimes uncomfortable. In the end, however, his stunningly successful career at Chelsea has ensured that he remains loved by fans, despite his troubles. The world is all too familiar with tales of once-famous sportsmen and women falling from grace. Kerry Dixon's story, however, is unique at once for its flashes of humour in adversity, its clear-eyed reflections on a different age of football, when leading players could all too easily be treated as disposable, and for its humility. For Kerry Dixon, as this often moving autobiography shows, the only way is up. with a foreword by Frank Lampard and contributions from Harry Redknapp and Pat Nevin

Offers the true story of a Sudanese boy who, through unyielding faith, overcame a wartorn nation to become an American citizen and an Olympic contender.

Let me start by saying, "This is the day that the Lord has made, we will rejoice and be glad in it." This reminds me that my life is a gift from Him and what I can do with my life is my gift to Him. After I retired from my medical practice, it has always been my desire to write the story of my life, mainly for my children, grandchildren and great grandchildren, so that they would know me as nobody would ever be in a better position to relate what I did during my life journey. I would like them to know how a small boy's dream became a reality, a boy from the remote area in the Philippines, his ambitions, determinations and strong belief, trust and faith in Lord Jesus, that gave him the strength to persevere and achieve the full potential that he dreamed of. This is the story of his struggles, the difficult obstacles that he hurdled, the challenges that he had overcome, the blessing and problems of the various relationships that he went through, and the successes that he achieved during his life journey. Out of these experiences, he gained some wisdom, worth remembering to add to your own experiences in your life to guide you to achieve what you want and maintain a balanced life that the Lord wants us to do in this life to prepare us for eternal life of everlasting happiness forever.

Das eigene Leben offen, schonungslos und radikal zum Gegenstand des Schreibens zu machen – dies ist das Konzept, zu dem sich Karl Ove Knausgård in einem furiosen Mammutprojekt entschlossen hat. Radikal ehrlich und mit unglaublicher sprachlicher Kraft nähert er sich in »Sterben«, dem ersten Roman einer sechsbändigen Serie, seinem schwierigen Verhältnis zum Vater, das ihn grundlegend geprägt hat. Als dieser stirbt und er sich mit seinem Bruder daran macht, den Nachlass zu ordnen, bietet sich beiden ein Bild des Grauens. Während sie das Haus reinigen und die Beerdigung vorbereiten, kommen Erinnerungen hoch. Nach und nach entsteht so das Porträt eines Mannes, über den sich in der Kindheit das Gleichgewicht der Familie definierte und den die beiden Söhne unsäglich zu hassen lernten. So sehr hat dieser Vater einen Schatten auf das Leben der Brüder geworfen, dass sie den Bestatter bitten, die Leiche sehen zu dürfen. Erst dann, so sind sich beide einig, werden sie glauben können, dass er wirklich tot ist. Der Sog, der von Knausgårds direkter Art des Erzählens schon mit den ersten Sätzen ausgeht, macht seinen Roman zu einer faszinierenden und erschütternden Lektüre. Gerade weil er so radikal persönlich schreibt, gewinnt sein Text eine schmerzliche Allgemeingültigkeit. Selten ist in einem Stück Literatur so greif- und fühlbar geworden, was jeder Mensch ist: ein einmaliger und unerschöpflicher innerer Kosmos.

Originell, faszinierend, abenteuerlich: ein Journalist auf der Suche nach dem letzten Geheimnis des Sports Seine Passion: das Laufen, sein Beruf: das Schreiben. Christopher McDougall suchte eine Antwort auf eine vermeintlich einfache Frage: Warum tut mir mein Fuß weh? Wie er sind Millionen von Hobbyläufern mindestens einmal im Jahr ernsthaft verletzt. Nach unzähligen Zyklen des Dauerschmerzes, der Kortisonspritzen und immer neuer Hightech-Sportschuhen stand McDougall kurz davor, zu kapitulieren und die

Diagnose der Mediziner ein für alle Mal hinzunehmen: „Sie sind einfach nicht zum Laufen gemacht.“ Stattdessen hat sich der Journalist weit abseits der kostspieligen Empfehlungen von Ärzten und Ausrüstern auf eine abenteuerliche Reise zu den geheimnisvollsten und besten Läufern der Welt begeben. Eine Reise, die McDougall in die von Mythen erfüllten Schluchten der Copper Canyons in Mexiko führen sollte, wo ein Volk lebt, das sich seit Jahrhunderten unter extremen Bedingungen seine Lebensweise bewahrt hat. Die Tarahumara verkörpern den menschlichen Bewegungsdrang in seiner reinsten und faszinierendsten Form. Laufen über lange Strecken ist für sie so selbstverständlich wie atmen. Was wussten sie, was McDougall nicht wusste? In seiner Reportage geht er den vergessenen Geheimnissen der Tarahumara nach. Er verbindet lebendiges Infotainment über neueste evolutionsbiologische und ethnologische Erkenntnisse mit zahlreichen, inspirierenden Porträts von Menschen, die sich – egal, ob sie zum Spaß das Death Valley durchqueren oder einen Ultramarathon in den Rocky Mountains absolvieren – eines bewahrt haben: die Freude daran, laufen zu können wie ein Kind. Einfach immer weiter. Denn in Wahrheit, so McDougalls Fazit, sind wir alle zum Laufen geboren.

To: Editor, Atlanta Journal-Constitution I believe your newspaper has been missing something for the last two decades. In fact it was the original reason I became a loyal subscriber in the first place: the thriceweekly columns of my all-time favorite writer, the late, great Lewis Grizzard. Trust me when I say that as a loyal University of Florida graduate it's difficult for me to admit there is actually something good that came out of the University of Georgia, and that something would be Lewis Grizzard. Born and raised in nearby Moreland (I reside in Peachtree City, Georgia), Grizzard had a major influence on my writing style. This is my sixth self-published book; one of them sold so well a publisher came a-calling to buy the rights to it. Now I'd like to take my writing to the next level. That's where you come in. Consider this book as both my job application and resume for a position on your editorial staff. Everything here on the back cover is my cover letter to you. I leave you with one simple question: When do I start?

Für Läufer und Leser: Murakamis persönlichstes Buch Zwei Leidenschaften bestimmen Haruki Murakamis Leben: Schreiben und Laufen. Eines verbindet beide Tätigkeiten – ihre Intensität. Für Haruki Murakami bedeutet das Laufen ein zweites Leben, in dem er sich Kraft, Inspiration, vor allem aber die Zähigkeit zum Schreiben holt. Der Einfall und Entschluss, Romanautor zu werden, kam ihm beim Sport. Das Sitzen am Schreibtisch gleicht er mit dem Laufen aus. Nach langsamen ersten Schritten hat er sich in den vergangenen dreißig Jahren professionalisiert: Längst sind zu den jährlichen Marathons auch Triathlonwettbewerbe und Ultralangläufe von 100 Kilometern hinzugekommen. Haruki Murakami erzählt eindringlich und komisch von seinen Frustrationen und vom Kampf gegen das stets lauende Versagen und wie er es überwindet. Denn für ihn bleibt das Laufen ein großes, wortloses Glück. Für seinen Grabstein wünscht er sich die Inschrift: „Haruki Murakami 1949-20**“, Schriftsteller (und Läufer) – Wenigstens ist er nie gegangen“.

Führungswissen punktgenau! Gebündeltes Wissen für die Anwendung in der Praxis! Eine der schwierigsten Herausforderungen für Führungskräfte ist es, mit der Individualität ihrer Mitarbeiter umzugehen. Warum verhält sich der Mitarbeiter so? Warum reagiert er anders als andere Mitarbeiter? Wie verhält sich der Mitarbeiter in stressigen Situationen? Dieses Buch, aus der grow.up.-Reihe Führungswissen, hilft Ihnen dabei, sich selbst und andere besser zu verstehen. Sie lernen, die unterschiedlichen Verhaltensmuster ihrer Mitarbeiter mit den eigenen so in Einklang zu bringen, dass Beziehungen, Kommunikation und Zusammenarbeit nachhaltig verbessert werden. Sie wissen, was Ihr Farbtyp über Ihren Führungsstil aussagt, wie Sie Ihre Wirkung auf andere gezielt verbessern und in Verhandlungen berzeugen können. Sie erfahren, was sie bei der Teamarbeit mit den unterschiedlichen Typen beachten müssen und können Konflikte frühzeitig antizipieren. Des Weiteren hilft Ihnen das Buch dabei, schneller zu erkennen, welcher Farbtyp im Bewerbungsgespräch vor Ihnen sitzt und ob dieser zur Stelle sowie zu Ihnen und dem Team passt. Führungswissen punktgenau - eine hervorragende Kurzanleitung für die vielen verschiedenen Einsatzmöglichkeiten des Vierfarben-Modells zur erfolgreichen Unterstützung Ihrer Führungsarbeit.

A History of Irish Autobiography is the first ever critical survey of autobiographical self-representation in Ireland from its recoverable beginnings to the twenty-first century. The book draws on a wealth of original scholarship by leading experts to provide an authoritative examination of autobiographical writing in the English and Irish languages. Beginning with a comprehensive overview of autobiography theory and criticism in Ireland, the History guides the reader through seventeen centuries of Irish achievement in autobiography, a category that incorporates diverse literary forms, from religious tracts and travelogues to letters, diaries, and online journals. This ambitious book is rich in insight. Chapters are structured around key subgenres, themes, texts, and practitioners, each featuring a guide to recommended further reading. The volume's extensive coverage is complemented by a detailed chronology of Irish autobiography from the fifth century to the contemporary era, the first of its kind to be published.

Since exploding onto our screens as part of the MTV show The Valleys, diva Lateysha Grace has caused quite a stir with her kick-offs, cat-fights and confident Beyoncé-like behaviour. But before all the glamour, Lateysha had a bleak childhood; born into a single parent family where her mother Debbie struggled to make ends meet, plunging the family into the depths of abject poverty. All Lateysha craved was a normal family life and when her mum met a new man, she was happy to finally have a father figure. Her dream soon turned into her worst nightmare though when her new dad became addicted to heroin - the man she thought was her knight in shining armour had turned out to be the 'devil incarnate'. Lateysha could do nothing but watch as he physically abused her, her mother and her siblings. Lateysha's story is shocking, upsetting and often heartbreaking and she holds no bars when it comes to speaking about her turbulent childhood, wild behaviour and emotional despair. The devastating effects of her traumatic youth came to the surface when, as a teenager, Lateysha attempted to take her own life twice and found solace in drugs, alcohol and casual sex as a way of dealing with her problems. Even her time on The Valleys almost never happened after Lateysha was charged with assault on a girl in a local nightclub. Eventually, the Welsh beauty was found not guilty, but this drama just added to the long list of harrowing events in her young life. With deep valleys of heartache and peaks of joy, Lateysha's bonk-busting autobiography will have you scrambling to turn the page.

There's no doubt that every mother would like to think that she has been the perfect mother, providing tender love and care and going to dance recitals, brownie meetings, and endless cheering events. But

how should a mother feel when she must face life with a daughter who is a defiant, drug abusing, chronic teenage runaway? "Run Away with My Heart" shares the emotional journey that author Suzette Carluccio took to get her daughter the help she needed in order to turn her life around. This memoir presents the perspective of a mother whose daughter, Brie, has been a chronic runaway for more than three years. Carluccio only learned how deadly Brie's drug and alcohol abuse really was when Brie was picked up by the police and taken to a psychiatric ward. From there, through nature's healing power, Carluccio learned to let go of the strong bond she has with her daughter. After spending forty-nine days in the wilderness and ten months in a therapeutic boarding school, Brie finally began to take hold of her life and stopped running away from her inner demons. "Run Away with My Heart" is a story of rebuilding and renewal, demonstrating what happened when trust found its way back into Brie's family.

Die erste Ausgabe dieser Schrift erschien 1914 in englischer Sprache unter dem Titel "Dr. Montessoris Own Handbook". Darin betont Maria Montessori in einer Vorbemerkung, dass diese Schrift das einzige authentische und von ihr autorisierte Handbuch der Montessori-Methode sei. Ziel des Buches ist eine knappe für die Umsetzung in die Praxis geeignete Darstellung ihrer pädagogischen Konzeption. Breiten Raum nimmt daher die Praxis der Montessori-Pädagogik mit ihren Übungen und Materialien ein. Eine deutsche Übersetzung dieser Schrift erschien 1922 und erneut als zweite umgearbeitete Auflage 1928 unter dem Titel "Mein Handbuch – Grundsätze und Anwendung meiner neuen Methode der Selbsterziehung der Kinder".

Milkha Singh has led a life dominated by running, running, running. From a boy who narrowly escaped death during Partition (most of his family was not so lucky), to a juvenile delinquent who stole and outran the police, to a young Army recruit who ran his very first race to win special privileges for himself (a daily glass of milk). After that first race, Milkha Singh became an athlete by default. And what followed was the stuff legends are made of. In this remarkably candid autobiography, Milkha Singh shares the amazing highs of winning India's first ever gold in athletics at the Commonwealth Games, the unbridled joy of being hailed as the 'Flying Sikh' in Pakistan, as well as the shattering low of failure at the Olympics. Simple, yet ambitious; famous, yet grounded; temptations all around him, yet remaining celibate so he could focus on racing; a rich and beautiful girl who was desperate for him, yet fighting the world to marry his lady love, Nimmi—even as the on-field drama found its way into his personal life, Milkha was a man who defined his own destiny. And yet, for a man whose life was dominated by sports, he continues to remain disillusioned with the way sports is run. Powerful and gripping, The Race of My Life documents the journey of an impoverished refugee who rose to become one of the most towering figures in Indian sports.

Warrick Dunn was only eighteen when his mother, a Baton Rouge police officer, was shot and killed. Yet somehow he managed to enroll at Florida State University and help his team to a national championship during his freshman year—while also caring for his five brothers and sisters. Despite his modest size, Dunn went on to a storied NFL career with the Tampa Bay Buccaneers and the Atlanta Falcons, becoming one of only twenty-three running backs in NFL history to exceed the 10,000-yard career rushing mark. Off the field, he created the Warrick Dunn Foundation and its Homes for the Holidays program, helping single parents achieve first-time home ownership. But in his drive to help others, the one person Dunn neglected was himself, as the pain of his mother's loss led to a spiraling depression that went untreated for years. Running for My Life details Dunn's struggle to confront his past and face the grief that consumed him for far too long. Thought-provoking and uplifting, it is the story of an exceptional athlete's secret torment and inspiring courage.

World Snooker Champion Ronnie O'Sullivan's frank and honest account of his astonishingly dramatic life. I used to rely on drugs and alcohol to keep me going, but now I've got the healthiest addiction going - running. This book explains how running has helped me to fight my demons - my addictive personality, depression, my dad's murder conviction, the painful break-up with the mother of my children - and allowed me to win five World Snooker Championships. It is also about all of the great things in my life - my kids, snooker, my dad's release from prison, great mates who have helped me, and the psychiatrist Dr Steve Peters, who has taught me how not to run away when things get tough. Finally, it's about what it's like to get the buzz - from running, from snooker, from life. Because when it comes down to it, everyone needs something to drive them on.

Evolution Z - Stufe Eins! Ein Zombieroman im Stile von „The Walking Dead“ Nach einem dramatischen Flugzeugabsturz in der Wildnis von Maine denken die Überlebenden des Augusta Airline Fluges 303, sie hätten das Schlimmste überstanden. Captain Raymond Thompson organisiert die Gruppe und bemüht sich um Hilfe, doch es wird schnell klar, dass es die Welt wie wir sie kennen nicht mehr gibt. Alles scheint aus den Fugen zu geraten und niemand weiß, wo die Katastrophe ihren Ursprung hat. Nur eine elementare Wahrheit wird der Gruppe schnell klar: Machst du einen Fehler, bezahlst du mit dem Leben und wirst wie "Sie" ...Ein absolutes Muss für alle Fans von „The Walking Dead“!

Tony Bennett is the man Frank Sinatra called 'the best singer in the business', and whose 1995 Grammy Awards for 'Album of the Year' and 'Best Traditional Pop Vocal Performance' for MTV Unplugged moved the New York Times to say, 'Tony Bennett has not just bridged the generation gap, he has demolished it.' He has legions of fans over a staggeringly large age span and in a recording career spanning five decades he has made 40 albums. His autobiography is rich with the stories of his long career and of the personalities he has known and includes the highs and lows, the successes and excesses of what has ultimately been a blessed life.

The story of the world's number-one adventure runner.

Selten zuvor hat ein Bühnenkünstler seine eigene Geschichte mit solch einer Kraft und solch einem lodernden Feuer niedergeschrieben. Wie viele seiner Songs ("Thunder Road", "Badlands", "Darkness on the Edge of Town", "The River", "Born in the U.S.A.", "The Rising" oder "The Ghost of Tom Joad", um ein paar wenige zu erwähnen) ist Bruce Springsteens Autobiografie geprägt von der Lyrik eines einzigartigen Songwriters und der Weisheit eines Mannes, der ausgiebig über sein Leben nachgedacht hat.

One second in time may separate the great athlete from the merely good. Seb Coe has made every second count. From an early age he has been driven to be the best at everything he does. Since the moment Coe stood alongside a 'scrubby' municipal running track in Sheffield, he knew that sport could change his life. It did. Breaking an incredible twelve world records and three of them in just forty-one days, Seb became the only athlete to take gold at 1500 metres in two successive Olympic Games (Moscow 1980 and Los Angeles 1984). The same passion galvanised Coe in 2005, when he led Britain's bid to bring the Olympic and Paralympic Games to London. He knew that if we won it would regenerate an East London landscape and change the lives of thousands of young people. It has. Born in Hammersmith and coached by his engineer father, Coe went from a secondary modern school and Loughborough University to become the fastest middle-distance runner of his generation. His rivalry with Steve Ovett gripped a nation and made Britain feel successful at a time of widespread social discontent. From sport Coe transferred his ideals to politics, serving in John Major's Conservative government from 1992 to 1997 and developing 'sharp elbows' to become chief of staff to William Hague, leader of the Party from 1997 to 2001 and finally a member of the House of Lords. Running My Life is in turns exhilarating, inspiring, amusing, and extremely moving. Everyone knows where Sebastian Coe ended up. Few people realise how he got there. This is his personal journey.

Intertwining the details of Abbie Hoffman's intense personal life with the movement politics of the sixties, seventies, and eighties, Dan Simon writes Abbie's story from the point of view of his younger brother Jack, creating a full and poignant portrait of one of the geniuses of the 1960s counterculture. From the creation of the Yippies! in 1967 and the tumult of the 1968 Democratic National Convention protests, to the humor and agony of the Chicago conspiracy trial, the scandal of Abbie's 1973 cocaine bust, and his six and a half years as a fugitive, to his reemergence as environmentalist 'Barrie Freed' and his final

struggle with manic-depressive illness, this biography offers a compelling examination of the contradictions that make Abbie Hoffman such a compelling figure. With the information and affection only a brother could bring to the complexities of Abbie's life, Hoffman and Simon portray Abbie's public persona alongside his private aspirations and fears, romances, and enduring family relationships.

Sie sehen aus wie ZZ Top und jagen Enten in den Sümpfen Louisiana. Doch Amerika ist verrückt nach ihnen: die Familie der Duck Dynasty, der erfolgreichsten Reality-Show aller Zeiten – jetzt auch auf Deutsch (ProSieben Maxx und Biography Channel). Nur wenige Menschen leben ihren Traum. Aber Phil Robertson, auch bekannt als der Duck Commander, hat bewiesen, dass es mit einer Vision, harter Arbeit und einem unerschütterlichen Glauben möglich ist. Mit der Erfindung der "Entenlocktröte" hat er sich ein Imperium aufgebaut. Doch auf die Frage, was wirklich zählt, fällt die Antwort knapp aus: "Glauben, Familie, Enten – in dieser Reihenfolge." Nun erzählt er sein Leben. Die glückliche Kindheit in einer Blockhütte. Seine Liebe zu Cheerleaderin Kay. Der Haftbefehl und wie er seine Frau mit den Kindern aus dem Haus wirft. – Ins Lot kommt alles erst, als Kay ihm vergibt und er sich Gott zuwendet. Happy, happy, happy? Sein Geheimnis enthüllt er in diesem Buch. Inklusive 8-seitigem Bildteil.

Revered by his cinematic peers, William Wyler (1902-1981) was one of the most honoured and successful directors of Hollywood's Golden Age, with such classics as *Dead End*, *Wuthering Heights*, *The Little Foxes*, *Roman Holiday* and *Ben-Hur*. He won three directing Oscars and elicited over a dozen Oscar-winning performances from his actors. Such exacting performers as Bette Davis, Laurence Olivier and Charlton Heston counted him the best director they had worked with. Yet during the era of the "auteur" theory his films fell out of fashion, lacking, it was said, a distinctive stylistic and thematic signature. This new critical study of Wyler's work, the first in more than thirty years, challenges the notion of Wyler's impersonality and offers a comprehensive reappraisal of his work, particularly of the underrated postwar films. It also provides a rebuttal of the auteurist criticism whose rigid categorization of directors cannot adequately encompass the range of someone like Wyler, who put substance above style and had a breadth of human understanding that was not reducible to a cluster of characteristic themes. Supported by archival research in Los Angeles, the book traces the important milestones in Wyler's career, the context of his films, the importance of legendary producer Sam Goldwyn--his distinguished war record and his principled opposition to blacklisting during the McCarthy era.

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