

Essential Asatru Walking The Path Of Norse Paganism

An essential guide to expand your spiritual practices for followers of Norse Paganism, Heathenry, Asatru, and other Northern Traditions. Northern Tradition for the Solitary Practitioner is a groundbreaking look at devotional work in religions from Theodism to Asatru to Norse Paganism, all of which comprise the umbrella of the Northern Tradition. Although interest in devotional and experiential work within these traditions has been growing rapidly in the past few years, this is the first book to show the diverse scope of such practices as a living, modern-day religion. It features an in-depth exploration of altar work, prayer, prayer beads, ritual work, sacred images, and lore, and a thorough examination of common cosmology that forms the foundation of belief for Northern Tradition communities and related Heathen practices. Northern Tradition for the Solitary Practitioner is not denomination-specific: rather, it seeks to provide an entry into interior practice for anyone involved in a branch of this broad family of traditions of the ancient Norse, Germanic, and Saxon peoples, using material suitable for the solitary, independent practitioner. Those outside of the Northern Tradition who wish to deepen their own devotional practice will find this book helpful in their own work, as well.

Lady and protector of the home, wise counselor who foresees the fates of gods and humans, patroness of work and craft, wife of Odin. . . the old Scandinavian goddess Frigg is a deep and multifaceted goddess who wields power on many levels. Her maidens are goddesses in their own right, keeping ancient lore and healing skill, and bringing love, wisdom, and protection to those who call on them, Rev. Maire Durkan, a Godwoman in the Troth and a witch in the Assembly of the Sacred Wheel tradition, explores the nature of this powerful goddess. The old myths and stories of Frigg and her ladies are complemented with poems and rituals in their honor.

Asatru Then and Now From its pre-Christian beginnings to its contemporary practitioners, Heathenry has long fascinated people from every corner of the world. Written from the unique perspective of a Heathen gythja, or Godwoman, A Practical Heathen's Guide to Asatru shows how to bring the beliefs and traditions of this ancient faith into your life today. In this complete guide to Asatru, you will discover: The mythology, folklore, and historical sagas of Northern European Heathens How to conduct rituals for birth, naming, entry into adulthood, weddings, divorces, funerals, and holy days Practical techniques for meditation, trance-work, prayer, and working with runes and charms Heathen perspectives on the nature of time, creation, worship, ethics, oaths, and hospitality An in-depth glossary, index, pronunciation guide, and bibliography for further study

Loki Laufeyjarson is the famous trickster of Norse Mythology, who brings its pages to life with conflict, humor, and excitement. Far from being just a villain or a prankster, Loki is a god who brings necessary change into the world, transcends boundaries, and shines light on hidden truth. In this book, you will be introduced to Loki and the many masks he wears: whether he appears as the bringer of enlightenment, the traveling companion of the gods, or the ender of worlds. This is also an accessible guide to building a devotional practice with the trickster, where you will learn new ways to honor this often misunderstood deity. Open the door to Loki's mysteries, and prepare to laugh, be challenged, and potentially change your life. 'Pagan Portals - Loki is a bold and necessary look at the Trickster God of the Norse. The author deftly weaves together

academic material and personal experience to give the reader a guide not only to better understand this often maligned deity but also to connect directly to him. An unflinching appraisal that offers a great deal of insight into Loki.' Morgan Daimler author of Pagan Portals - Odin and Pagan Portals - Thor.

Warum bebt die Erde? Wie entstanden Ebbe und Flut? Wie kam die Poesie in unsere Welt? Neil Gaiman erzählt die nordischen Sagen und Mythen neu, mit Witz und Sinnlichkeit, voller Zuneigung und Neugierde. Wir machen Bekanntschaft mit dem mächtigen Odin, reisen mit Thor und seinem Hammer durch die neun nordischen Welten, sind bezaubert von den Göttern und entsetzt von mancher Skrupellosigkeit. Machen Sie sich die Sagen zu eigen, erzählen Sie sie weiter, an den langen kalten Winterabenden, in den lauen Sommernächten. Nach der Lektüre werden Sie selbst die Wolken mit anderen Augen betrachten.

In Essential Asatru, renowned author and priestess Diana Paxson demystifies an ancient, rich, and often misunderstood religion, and offers a practical guide for its modern followers. A Journey to Fulfillment and Renewal Filled with clear, concise instructions on living Asatru every day, this truly accessible guide takes you on a journey from Asatru's origins in Scandinavian and German paganism to its recognition as an official religion in the 1970s and its widespread acceptance today. Essential Asatru also includes: · A complete history of Asatru gods and goddesses, including Odin, Thor, and Ostara · The life values, such as honor, truth, fidelity, and hospitality, that shape Asatru's tenets · Indispensable information on rituals, rune casting, ethics, and divination Essential Asatru is an elegant and splendid introduction to a centuries-old religion that continues to enrich and fascinate its followers today. Praise for Essential Asatru "This mainstreamed book on Asatru offers a thorough grounding in both history and the present and shows how those values—the true heart of any religion—are expressed in the lives of its faithful. This book is recommended for personal education, library shelves, and world religion classes." —Facing North "A solid and thorough yet concise introduction to the religion, its history, the gods and goddesses, and the basics of modern practice." —Idunna

Este livro irá auxiliar na compreensão da importância da prática religiosa e do contexto social acerca do Paganismo Nórdico desde o seu passado até os dias de hoje. Através do depoimento de estudiosos e praticantes, você poderá desmistificar os padrões impostos pela sociedade acerca dos povos nórdicos e compreender como mantiveram suas raízes através dos séculos.

What happens to people's sense of belonging when globalisation meets with proclaimed regional identities resting heavily on conceptions of religion and ethnicity? Who are the actors stressing cultural heritage and authenticity as tools for self-understanding? In this book the authors aim at a broad discussion on how history and religion are made part of the production of narratives about origin and belonging in contemporary Europe. The contributors offer localised studies where actors with strong agendas indicate the complex relations between history, religion, and identity. The case studies exemplify how public intellectuals and academics have taken active part in the construction of recent and traditional pasts. Instead of repeating the simplistic explanation as a "return of religion", the authors of this volume focus on public platforms and agents, and their use of

religion as a political and cultural argument. The approach makes a nuanced and fresh survey for researchers and other initiated readers to engage in.

This volume explores how Pagans negotiate local and global tensions as they craft their identities, both as members of local communities and as cosmopolitan "citizens of the world." Based on cutting edge international case studies from Pagan communities in the United States, Poland, Russia, Ukraine, Israel, South Africa, Australia, New Zealand, and Malta, it considers how modern Pagans negotiate tensions between the particular and universal, nationalism and cosmopolitanism, ethnicity, and world citizenship. The burgeoning of modern Paganisms in recent decades has proceeded alongside growing globalization and human mobility, ubiquitous Internet use, a mounting environmental crisis, the re-valuing of indigenous religions, and new political configurations.

Cosmopolitanism and nationalism have both influenced the weaving of unique local Paganisms in diverse contexts. Pagans articulate a strong attachment to local or indigenous traditions and landscapes, constructing paths that reflect local socio-cultural, political, and historical realities. However, they draw on the Internet and the global circulation of people and universal ideas. This collection considers how they confound these binaries in fascinating, complex ways as members of local communities and global networks.

A Radical New Take On Norse Paganism The Way of Fire and Ice reimagines Norse Paganism with mystical practices and rituals for today's world as well as tips for building community and resisting fascism. This approach to working with Norse deities and beliefs is a living, adaptable tradition, representing a strong alternative to the reconstructionist perspectives of Asatru and Heathenry. In these pages, the old ways come alive in a radically inclusive form. You will explore the secrets of the World Tree and the mysteries of the gods, work with the many spirits around us, and feel the deep rhythms that drive all life while creating new songs of power. You will also discover how to make these practices part of your every waking moment, developing your own personal spirituality and building healthy, sustainable communities along the way.

Solitary Pagans is the first book to explore the growing phenomenon of contemporary Pagans who practice alone. Although the majority of Pagans in the United States have abandoned the tradition of practicing in groups, little is known about these individuals or their way of practice. Helen A. Berger fills that gap by building on a massive survey of contemporary practitioners. By examining the data, Berger describes solitary practitioners demographically and explores their spiritual practices, level of social engagement, and political activities. Contrasting the solitary Pagans with those who practice in groups and more generally with other non-Pagan Americans, she also compares contemporary U.S. Pagans with those in the United Kingdom, Australia, and Canada. Berger brings to light the new face of contemporary paganism by analyzing those who learn about the religion from books or the Internet and conduct rituals alone in their gardens, the woods, or their homes. Some observers believe this social isolation and political

withdrawal has resulted in an increase in narcissism and a decline in morality, while others argue to the contrary that it has produced a new form of social integration and political activity. Berger posits the implications of her findings to reveal a better understanding of other metaphysical religions and those who shun traditional religious organizations.

Als eine der Überlebenden des Untergangs des sagenhaften Nebelreiches Atlantis erlebt die Priesterin Tiriki eine entbehrungsreiche und kummervolle Zeit in ihrer neuen Heimat Britannien.

All religions undergo continuous change, but minority religions tend to be less anchored in their ways than mainstream, traditional religions. This volume examines radical transformations undergone by a variety of minority religions, including the Children of God/ Family International; Gnosticism; Jediism; various manifestations of Paganism; LGBT Muslim groups; the Plymouth Brethren; Santa Muerte; and Satanism. As with other books in the Routledge/Inform series, the contributors approach the subject from a wide range of perspectives: professional scholars include legal experts and sociologists specialising in new religious movements, but there are also chapters from those who have experienced a personal involvement. The volume is divided into four thematic parts that focus on different impetuses for radical change: interactions with society, technology and institutions, efforts at legitimation, and new revelations. This book will be a useful source of information for social scientists, historians, theologians and other scholars with an interest in social change, minority religions and 'cults'. It will also be of interest to a wider readership including lawyers, journalists, theologians and members of the general public.

The Vikings, Anglo-Saxons, Germanic tribes, Goths, and other Germanic-speaking tribes are renowned today in myth, legend, and popular culture. But how did they live? What did they wear? How did they worship? What did they eat? And how did their traditional ways of life reflect their spiritual beliefs? *Heathen Garb and Gear* takes you on a tour of the world that our forebears knew. More importantly, it shows you how their ways of dressing and living—from weaving woolen cloth and cooking food, to making music and taking steam baths—are reflected in the myths and traditions that have come down to us. Anyone who's ever wanted to wear Viking clothing, or serve authentic Viking feasts, will find plenty of practical tips here. But even if you're not interested in re-enacting the old ways, you'll find much vital information and inspiration for the practice of Heathenry as a living religious tradition.

This study and analysis of soul concepts presents a living spiritual landscape, rooted in ancient Germanic languages and understanding, offered for modern Heathens to explore and use in their own spiritual practice. This book also presents an approach for identifying and exploring ancient concepts of 'what a soul is' that may be of interest to followers of other branches of historically based modern Paganism, and to scholars of comparative religion. Linguistic analysis, literature, folklore, comparative religion, anthropology, esoteric and philosophical

approaches are used to analyze old Germanic-language words relating to 'the soul'. The following souls, identified through this process, are thoroughly reviewed: Ferah, Ahma, Ghost, Hama, Aldr, Mod, Hugn, Sefa, and Saiwalo. Both scholarly and inspirational perspectives are taken, intended to stimulate both intellectual and imaginative exploration of these soul-concepts and the world-view which opens out from them. The book is richly illustrated in order to stimulate engagement of the imagination in comprehending these abstract entities and their metaphysical contexts.

Provides a clear and concise history of Asatru - a living religion that encompasses the magical practices of the Norse and Germanic peoples - and also provides thorough instruction on how to practice and make it a part of every day life. Includes information on rituals, rune casting, ethics, and divination. Essential Asatru features a foreword by Isaac Bonewits, author of Bonewits Essential Guide to Wicca and Witchcraft and is the only accessible, reader-friendly book on Asatru on the market today.

Complete with over 50 spells and information on the magickal tools and traditions of witchcraft, *The Book of Spells* is the ultimate guide to healing, manifesting your desires, and diving confidently into the mysteries of magick. Calling upon ancient powers and the ways of the Witch, *The Book of Spells* contains rituals and visualizations for releasing negativity, increasing bliss, healing a broken heart, finding your Spirit guides, embarking on the adventure of astral flight, and more. With the help of timeless myths and fables, as well as author Jamie Della's personal anecdotes, each spell offers empowering insight to help you uncover your innate Divine essence. This beautifully gilded compendium includes need-to-know information on Sabbats and ancient traditions, Gods and Goddesses, and tools of the Craft such as herbs, crystals, tarot archetypes, moon phases, and runes. *The Book of Spells* is the perfect beginner's guide to following the Path, practicing the Craft, and incorporating magick into your daily life. Advance praise for *The Book of Spells* "This book opens the door to a life of magic and inspiration. The most wonderful thing about it is that Jamie actually lives by the book. She's the real deal! *The Book of Spells* is personal, engaging, and empowering. Her information about the Craft is heartfelt, user-friendly, and a treasure trove of witchy wisdom. You'll love this book whether you are a novice or an expert. Enjoy!"—Victoria Bearden, nationally renowned astrologer and psychic "What a sweet book this is. *Spells* and a lot more for people new to the Craft written by an experienced Witch who practices what she preaches."—Barbara Ardinger, author of *Goddess Meditations* and *Finding New Goddesses* "Creative, ethical, and respectful of tradition but modern in focus, these spells are focused on self-healing, rather than forcing your will on others."—Anna Korn, Adocentyn Research Library "Young and old alike find a rainbow of solutions in Jamie Della's self-empowering *Book of Spells*. Simultaneously bold and inviting, Della's unswerving devotion to self-love, self-awareness, and growth shines through on every page of this gem of a soul's

companion guidebook.”—Tania Pryputniewicz, author of November Butterfly
 Der neue Avalon-Bestseller um das fantastische Nebelreich und das
 berühmteste Schwert der Welt Immer wieder sieht die Hohepriesterin von Avalon
 ihn in ihren Träumen vor sich: Mikantor, den Prinzen und einzigen Retter des
 bedrohten Königreichs Azan. Er schmiedet das gewaltige Schwert Excalibur, das
 Jahrhunderte später auch einem noch mächtigeren Herrscher gute Dienste
 leisten wird — König Artus in dem Weltbestseller »Die Nebel von Avalon«.
 Britannien 1200 v. Chr.: Azan wird von Galids Heer niedergebrannt, doch der
 Priesterin von Avalon gelingt es, den Sohn des Königs zu retten. Sie bringt den
 kleinen Mikantor in ein Dorf, wo er unter falschem Namen aufwächst und erzählt
 ihm von seiner Berufung, die Stämme zu einen. Als junger Mann kommt Mikantor
 seiner Aufgabe nach und begegnet dem Mörder seines Vaters erneut: in seiner
 Hand das machtvolle Schwert Excalibur und in seinem Herzen Tirilan, die schöne
 Tochter der Priesterin von Avalon, die sich ebenfalls den Göttern geweiht hat ...
 Discover how to make your magic burn brighter than ever with this amazing book's spells,
 rituals, folklore, and recipes. Third in Llewellyn's essential Elements of Witchcraft series, Fire
 Magic makes it easy to bring this element into your practice. Explore candle and bonfire magic
 throughout history, how fire is used in folklore and pop culture, and fire-related activities for the
 Wheel of the Year. Learn about elemental correspondences, sacred herbs and woods, and
 how to stay safe while honoring the sacred flame. Author Josephine Winter guides you on a
 deep exploration of fire and how it can bring new meaning to your spells, rituals, and
 celebrations. Featuring guest contributors, mythical fire beasts, crystals, and more, Fire Magic
 inspires you to reignite your passion for magic.

"Contemporary religious Paganism (also called Neo-Paganism) is an emerging area of study
 for scholars of religion in the United States and elsewhere. This dissertation analyzes Pagan
 religious music in the context of a more general recurrent religious impulse encoded in
 literature, music and ideology. Among studies of contemporary American Paganism, few have
 examined the internal logics of musics created and distributed within the Pagan community.
 This dissertation discusses Pagan music in terms of its relationship with folk ideology,
 theology, ecclesiology, humor, youth, and Christianity. This dissertation utilizes discourse and
 image analysis of pre-recorded music, reviews, journals, sheet music and handouts from
 Wlccan, Druidry, Asatru, Church of All Worlds, and Thelemic sources. This work finds the
 dominant themes of Pagan music centering around rituals of sacred time, erotic and filial love,
 humor and theological kinship with sacred beings both within and beyond the world. Minor
 thematics of cultural politics, civil integration and resistance to modernity are also discussed.
 The dissertation concludes that the religious music of American Pagans is profoundly
 influenced by discourses of resistance, individualism, Congregationalism, and ecstatic
 tellurism"--Abstract.

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An exploration of the historical origins of the “witches’ ointment” and medieval hallucinogenic drug practices based on the earliest sources • Details how early modern theologians demonized psychedelic folk magic into “witches’ ointments” • Shares dozens of psychoactive formulas and recipes gleaned from rare manuscripts from university collections all over the world as well as the practices and magical incantations necessary for their preparation • Examines the practices of medieval witches like Matteuccia di Francisco, who used hallucinogenic drugs in her love potions and herbal preparations In the medieval period preparations with hallucinogenic herbs were part of the practice of veneficium, or poison magic. This collection of magical arts used poisons, herbs, and rituals to bewitch, heal, prophesy, infect, and murder. In the form of psyche-magical ointments, poison magic could trigger powerful hallucinations and surrealistic dreams that enabled direct experience of the Divine. Smearred on the skin, these entheogenic ointments were said to enable witches to commune with various local goddesses, bastardized by the Church as trips to the Sabbat--clandestine meetings with Satan to learn magic and participate in demonic orgies. Examining trial records and the pharmacopoeia of witches, alchemists, folk healers, and heretics of the 15th century, Thomas Hatsis details how a range of ideas from folk drugs to ecclesiastical fears over medicine women merged to form the classical “witch” stereotype and what history has called the “witches’ ointment.” He shares dozens of psychoactive formulas and recipes gleaned from rare manuscripts from university collections from all over the world as well as the practices and magical incantations necessary for their preparation. He explores the connections between witches’ ointments and spells for shape shifting, spirit travel, and bewitching magic. He examines the practices of some Renaissance magicians, who inhaled powerful drugs to communicate with spirits, and of Italian folk-witches, such as Matteuccia di Francisco, who used hallucinogenic drugs in her love potions and herbal preparations, and Finicella, who used drug ointments to imagine herself transformed into a cat. Exploring the untold history of the witches’ ointment and medieval hallucinogen use, Hatsis reveals how the Church transformed folk drug practices, specifically entheogenic ones, into satanic experiences.

A detailed, researched and inspired book on Norse and Anglo Saxon tradition Paganism. This book is written from a different perspective to other books published on aspects of what is known variously as Asatru, The Northern Tradition and Odinism to present a handbook of accumulated data so that people can read and interpret it for themselves, aided by sometimes conflicting or complementary opinions clearly labelled, enabling the reader to develop and adapt their own theories and practices, rather than have them laid out by someone else. Where possible Pete compares more than one source of information. Trying to subjectively observe a movement from within, whilst being a part of it oneself is a delicate path to tread, but in this book Pete does an admirable job, separating them from the historical data being presented.

"From the Award Winning Author of "Northern Lore," comes "Northern Wisdom." The Orient has long shared its ancient wisdom, and so now do the Northmen. "Northern Wisdom" presents ancient Viking parables and knowledge in a delightfully accessible modern format. Combining Teachings on par with Buddha, Lao Tzu, Myamoto Musashi, Nicollo Machiavelli & Sun-Tzu, "The Havamal" sheds light on forgotten lore of the dark ages. In the days of the shield-wall, there still lived poets, scribes and philosophers. In "Northern Wisdom" you will: Journey through the Mundane and the Mystical passages of the Havamal Discover the famed Hospitality of the Northmen Learn Maxims for respectable conduct Develop the Leadership traits of Heroes Explore tips for safe travel in Dark Ages Europe Uncover lessons for the bravest Warriors Share in the secrets of Odin's Love Quests Tap into the power of Viking Magic Packing One Book? Look no further.

Throughout history, the uncertainties of life have driven people to seek counsel from prophets, seers, and oracles on everything from love to livelihood: people want to talk to their lost loved ones, heal old family traumas, find out about work, and determine what the future will bring. In *The Way of the Oracle*, bestselling author, scholar, and priestess Diana L. Paxson offers a broad overview of the traditions of famous oracles in history: from the pythia at Delphi, the son of Beor, the Irish druidess, and the Greenland völva, to today's modern seers who are resurrecting ancient skills to serve their communities. Paxson identifies the core elements of prophetic practice, her belief in probability rather than predestination, and offers exercises and examples to demonstrate how anyone can be trained to do oracle work. Her methods focus on trance skills and improving communication between one's unconscious and conscious mind to encourage selfknowledge and decision making. *The Way of the Oracle* introduces the practice of oracle work to a wider audience, and shows how exploring the potential of other minds can expand our own.

Dieses berühmte, zeitlose Grundlagenwerk von Michael Harner enthält alle wichtigen Informationen über den Schamanismus und seine praktische Anwendung. Der Autor versteht es dabei meisterhaft, dem westlichen Leser die jahrtausendealten Heiltechniken verschiedener schamanischer Kulturen ebenso spannend wie verständlich nahe zu bringen. Er erklärt, was Schamanismus bedeutet und beschreibt ausführlich die Methoden, mit denen jeder in einen Bewusstseinszustand gelangen kann, der in eine andere Wirklichkeit führt. Ein praktischer Weg, gerade für den modernen Menschen, um die eigene Schamanenkraft zu entdecken und diese für ein bewusstes, gesundes und glückliches Leben zu nutzen.

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